



**Presents a Mental Illness Awareness Event**

# **Mental Wellness:**

## **NETWORKING AND RESOURCE EXPO**

**9:00 am - 3:00 pm Friday, September 30, 2016 – Norwood Hotel, Winnipeg**

**FREE TO THE PUBLIC**

**PLEASE JOIN US AND HAVE YOUR ORGANIZATION REPRESENTED**

**Sara Riel is pleased to present this event in celebration of Mental Illness Awareness Week. This is our fourth year in a row, producing this spectacular and growing event.**

Last year we had more than 250 individual visitors go through the expos, as well as more than 100 exhibitors from 60 organizations representing the best Winnipeg has to offer in mental health and wellness, and employment-related services.

We will also be repeating our “Speakers’ Series” throughout the day, which will include local Winnipeg professionals (\*maybe you?) presenting on issues pertaining to mental health in the workplace. Last year’s event was a huge success with every presentation filled to capacity.

This year, we are expecting more exhibitors and even more visitors, and our venue will even have a separate room for the “Speakers’ Series” event, with increased seating.

**Costs is \$50.00** (*includes a 6’ table, two chairs and electrical, if needed*)

8:30 am – 9:00 am	Set-up
9:00 am – 3:00 pm	OPEN TO THE PUBLIC
3:00 pm – 3:30 pm	Take-down

*(Registrants are responsible for their own set-up and take-down)*

**For organizations and agencies wishing to register for space, please go to:**

<http://www.sararielinc.com/miaw-registration.php>

**\*If you wish to submit a topic upon which you wish to present, please go to:**

<http://www.sararielinc.com/miaw-abstracts.php>



## Presents a Mental Illness Awareness Event

### MENTAL WELLNESS: NETWORKING AND RESOURCE EXPO

9:00 am - 3:00 pm Friday, September 30, 2016 – Norwood Hotel, Winnipeg

#### WHO IS ATTENDING

- Employers
- Managers
- Supervisors
- Human Resource Workers
- Mental Health Clinicians
- Mental Health Support Workers
- Vocational Rehab Workers
- Clinical Case Managers
- Employment Counsellors
- Occupational Therapists
- Union Representatives
- Policy Analysts
- EIA Workers
- Insurance Claims Workers
- WCB Workers
- Persons with Lived Experience

#### Industries:

- Psychiatry/Psychology
- Health Care/Medical
- Community Mental Health
- Employment Services
- Disability Management
- Vocation Rehabilitation
- Human Resources
- Insurance Companies
- Benefit Providers
- Government

#### ...AND WHY?

In any given year, one in five people in Canada experiences a mental health problem or illness, with a cost to the economy of well in excess of \$50 billion.

Smetanin, P., Stiff, D., Briante, C., Adair, C., Ahmad, S. & Khan, M. (2011). *The life and economic impact of major mental illnesses in Canada: 2011 to 2041*. RiskAnalytica, on behalf of the Mental Health Commission of Canada.

Mental health problems and illnesses typically account for approximately 30% of short- and long-term disability claims.

Sairanen, S., Matzanke, D., & Smeall, D. (2011). The business case: Collaborating to help employees maintain their mental well-being. *Healthcare Papers*, 11, 78–84.

In 2010, mental health conditions were responsible for 47% of all approved disability claims in the federal civil service, almost double the percentage of twenty years earlier.

Butler, Don, (2011, June 28). "PS disability claims soaring." *Ottawa Citizen*.

Mental health problems and illnesses account for more than \$6 billion in lost productivity costs due to absenteeism and presenteeism.

Smetanin, P., Stiff, D., Briante, C., Adair, C., Ahmad, S., & Khan, M. (2011). *The life and economic impact of major mental illnesses in Canada: 2011 to 2014*. RiskAnalytica, on behalf of the Mental Health Commission of Canada.

<http://www.sararielinc.com/miaw> for more information

Sara Riel Inc. 101-66 Moore Avenue, Winnipeg, Manitoba, R2M 2C4 \* Contact Laurie Meunier directly at: (204) 237-9266 Fax: (204) 235-0299 Email: [lmeunier@sararielinc.com](mailto:lmeunier@sararielinc.com) Web: [www.sararielinc.com](http://www.sararielinc.com)